



Autism Alert Cards

Autism Alert Cards help the emergency services quickly identify that they are dealing with someone who has Autism.

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I have an Autism Spectrum Condition

This means:

- I may have social communication difficulties.
- I may be extremely anxious in some situations.
- My behaviour may appear confusing or threatening.
- I will need the support of an appropriate adult/intermediary.

My name is: Card no.

Please contact: Tel:

Please contact: Tel:

 NAS Helpline: 0845 070 4004 (Mon-Fri: 10am - 4pm) www.autism.org.uk

Please see the reverse of this aide-memoire for further information on what is required if the Autism Alert Card is presented to you.

What should I do if someone shows me an Autism Alert Card?

- Ask to look at the card and find out the carrier's name.
- Try to contact at least one of the people listed on the back of the card.
- Explain the situation to the contact and ask for their advice on how best to handle it.
- Ask one of the contacts to attend, if practical.

How should I alter my behaviour?

- Speak directly and clearly to the carrier and use their name.
- Explain to them what you are doing and why you are doing it.
- Be aware the carrier may not have a clear understanding of what is happening.
- Be aware that if the carrier has committed an offence, they may not realise they have done so.

What if the carrier has committed an offence?

- Follow normal procedures, taking the above advice into account.